

**HEALTH AND WELLNESS COMMITTEE OF THE COA**

**Meeting Notes**

**February 2, 2016**

**9-10:30am**

**7300 Calhoun Place, Room 6C, Rockville, MD**

**In Attendance: David Denton, Grace Whipple, Rev Vikram, Judy Levy, Tammy Duell**

**Staff: Tina Purser Langley**

**Guests: None**

Topic	Discussion Points	Decisions/follow-up
<b>1. Welcome and Introductions</b>  <b>2. Committee member recruitment/selection</b>  <b>3. 2016 Goals and Objectives – Next Steps</b>  <b>A. Dental Health</b> <b>-Increase funding for senior dental health care</b> <b>-Increase awareness of dental programs in Montgomery County</b> <b>-Improve public/private collaboration</b>	<p>1. Grace Whipple graciously agreed to return to the Health &amp; Wellness Committee as Co-Chair with David Denton. Judy Levy has also joined our Committee. Noelle was unable to join us for today's meeting due to another commitment.</p> <p>2. Noelle will be including "Recruitment" as an agenda item at our next CoA meeting. In the meantime, the attendees suggested we consider vetting CoA alum for this committee. There are also seats available for representatives and guests. Selection criteria should include individuals who would be resources for helping us move our 2016 Goals and Objectives forward, and would otherwise be interested in these topics.</p> <p>3. A. Dental Health: According to Tina, last year we served 146 people through our mobile dental and dentures program with \$74,000. This year, we have \$50,000 for both programs. Noelle has informed us</p>	<p><b>Suggested Action Steps</b></p> <p>1. With regards to committee recruitment, it was suggested that Karen Maricheau, a new CoA member, would be a good addition to our committee. Follow-up prior to our next CoA meeting.</p> <p>2. Work with Mona to firm up a date for the MCC Outreach Meeting in May.</p> <p>3. Contact Beth Shapiro at JSSA to see if she could assist us with the Mental Health goals and objectives.</p> <p>4. Tammy and Judy will search their files to see if they can locate information gleaned by the committee during the most recent efforts around mental health.</p>

<p><b>B. LTCSS: Workforce Development</b>  <b>-Prioritize Action Steps</b>  <b>-Gather providers and schools</b>  <b>-Include community stakeholders</b></p> <p><b>C. Mental Health: Town Hall Family Caregiver Support Listening Sessions</b>  <b>-Listen, validate pressing needs and wants, provide resources and improve access, report back</b>  <b>-Muslim Community Center “MCC” Medical Clinic</b>  <b>-Washington Area Village Exchange “WAVE”</b></p> <p><b>4. United Seniors of Maryland 39<sup>th</sup> Annual Legislative Forum – tomorrow, 8am-1pm, Annapolis</b></p> <p><b>5. Next meeting:</b></p>	<p>that the 2017 FY budget is proposing a \$30,000 increase for dental care and fall prevention. Tina noted that the county has \$48,000 in health promotion funding, of which a portion could be earmarked for our dental health care goals and objectives.</p> <p>The committee members are aware of four centers that provide dental health care: 1) Muslim Community Center “MCC” Medical Clinic, 2) Spanish Catholic Clinic, 3) County Clinic on Piccard, and 4) CCI safety-net clinic.</p> <p>3. B. Workforce Development: The committee agreed to revisit this 2016 goal after the MCC Outreach Meeting in the spring. Northwood High School has a program aimed at increasing awareness and interest in aging services and careers in geriatrics.</p> <p>3. C. Mental Health: The MCC Outreach Meeting is intended to be a follow-up to the July and September 2015 focus groups facilitated by Pam Luckett in preparation for the Summit. Major issues raised were related to: 1) health &amp; wellness and mental health, 2) financial/income security, and 3) workforce development, to include caregiving and caregiver support and cultural competency/sensitivity. The audience for the Outreach Meeting will be intergenerational. The committee will work with Mona to find the meeting date in the first half of May.</p> <p>Attendees referenced the previous efforts of the CoA to address mental health related issues.</p>	<p>5. Grace will contact Susan Wranik to see if she has recommendations for helping us with our workforce development goals, and any of the other issues we are working on addressing this year.</p> <p>6. No one on our committee is able to attend the United Seniors of Maryland 39th Annual Legislative Forum tomorrow.</p>
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***Tuesday, March 1,  
2016, 7300 Calhoun Pl.,  
Room 6C***

***6. Adjourn***

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